

2024 Clinical Exercise Timetable

<i>Monday</i>	<i>Tuesday</i>		<i>Wednesday</i>	<i>Thursday</i>		<i>Friday</i>		<i>Saturday</i>
7:30am Beth	7:30am Beth		7:30am Laura	7:30am Beth	7:30am Anthony	7:30am Laura	7:30am Hanting	7:30am Georgia (Pilates Circuit)
8:30am Beth	8:30am Beth		8:30am Laura	8:30am Beth	8:30am Anthony	8:30am Laura	8:30am Hanting	8:30am Georgia (Pilates Circuit)
9:30am Beth	9:30am Beth		9:30am Laura	9:30am Beth		9:30am Laura	9:30am Hanting	9:30am Georgia (Pilates Circuit)
10:30am Beth	10:30am Beth		10:30am Laura	10:30am Beth		10:30am Laura		
11:30am Beth	11:30am Beth		11.30am Laura					
	1:30pm Beth			1:30pm Beth				
	2:30pm Beth			2:30pm Beth				
				4pm Beth				
5pm Anthony	5pm Laura		5pm Hanting	5pm Hanting				
6pm Anthony	6pm Laura	6pm Hanting	6pm Hanting	6pm Hanting				
7pm Anthony	7pm Laura	7pm Hanting		7pm Hanting				

Cancellation Policy: It is clinic policy that if a Clinical Exercise Session is cancelled with less than 24 hours notice, a fee of \$25 will be charged. For non-attendance the \$25 fee will also be charged.